

Mango Health – V5 - 172 words

Say hello to Mary. She loves the Mango Health app because it inspires her to improve her health. And when she's healthier, she's happier.

Mango Health is a bit like a fantastic friend-somebody who cares about you and is wicked smart. It keeps track of the medications and supplements you're taking, reminds you when to take them, and alerts you about possible safety issues.

To get started, Mary simply enters her medications and supplements, like so. For each one, she can set up reminders so she'll never miss a dose. Then, she can review potentially dangerous interactions with other things she's taking, as well as food and drink.

Mary earns points when she takes her medications on schedule, and over time she can win some great stuff, like gift cards to her favorite shops or donations to her favorite charities. Free gifts just for taking good care of herself? Good times! [Alternate: Nice!]

Get inspired to be healthier-and happier-with the Mango Health App. Download it for free from the Apple App Store.